American Specialty Health (ASH)
P.O. Box 509001, San Diego, CA 92150-9001
Fax: 877.248.2746

INITIAL HEALTH STATUS

Acupuncture and Oriental Medicine
For questions, please call ASH at 800.972.4226

Patient Name_____ **Birthdate**_____ **Primary Language**_____ **Gender M / F**
Last First

Address_____ **City**_____ **State**____ **Zip**_____ **Primary Phone**_____

Employer_____ **Occupation**_____ **Other Phone**_____

Subscriber Name_____ **Subscriber ID #**_____ **Group #**_____

Primary Health Plan_____ **Patient/Member ID #**_____

2nd Health Plan_____ **Primary Care Physician (PCP)**_____ **PCP Phone #**_____
(Required) (Required)

Are you under the care of a physician? ☐ **No** ☐ **Yes, for what conditions?**_____

Please describe your current health problem(s)_____

How and When it began_____

Is this related to a specific work injury? ☐ No ☐ Yes

What treatment have you received for the above condition(s)? ☐ Surgery ☐ Medications ☐ Physical Therapy

☐ Injections ☐ Chiropractic ☐ Therapeutic Massage ☐ Other_____

Please describe your progress: ☐ Worse ☐ No Change ☐ 0-25% Better ☐ 26-50% Better
☐ 51-75% Better ☐ 76%-100% Better

Circle your current pain areas: Head, Neck, Jaw, Shoulder, Arm, Elbow, Hand, Wrist, Upper Back, Low Back, Tailbone, Hip, Thigh, Knee, Ankle, Foot, Chest, Abdomen, Other_____

No Pain 0 1 2 3 4 5 6 7 8 9 10 **Unbearable Pain**

In the past week, how much has your pain interfered with your daily activities?

No Interference 0 1 2 3 4 5 6 7 8 9 10 **Unable to carry on any activities**

How often are your symptoms present? ☐ 0-25% ☐ 26-50% ☐ 51-75% ☐ 76-100%

Describe your current health overall: ☐ Excellent ☐ Very Good ☐ Good ☐ Fair ☐ Poor

What are your goals for your acupuncture treatments?_____

How will you track your progress towards your goals?_____

Please check all of the following that apply to you and list any medication(s) you are taking:

- ☐ Alcohol/Drug Dependence
- ☐ Abnormal Menstruation
- ☐ Allergies
- ☐ Angina
- ☐ Arthritis/ Rheumatoid Arthritis
- ☐ Artificial Joints (list date and joint) _____
- ☐ Asthma
- ☐ Blood Disorder
- ☐ Breast Lumps
- ☐ Cancer/Tumor (type and date)_____
- ☐ Convulsions/Seizures
- ☐ Diabetes
- ☐ Diarrhea/Constipation
- ☐ Excessive Thirst
- ☐ Fainting or Dizziness
- ☐ Fatigue
- ☐ Fever
- ☐ Frequent Urination
- ☐ Headache
- ☐ Heart Attack (date _____)
- ☐ Heartburn or Indigestion
- ☐ High Blood Pressure
- ☐ Hospitalizations (date and reason)_____
- ☐ Surgeries (list date and type)
- ☐ Kidney Disease
- ☐ Liver Problems
- ☐ Osteoporosis
- ☐ Pacemaker
- ☐ Palpitation/Arrhythmia
- ☐ Peptic Ulcer
- ☐ Pregnant, # Weeks_____
  If pregnant, are you under a medical doctor's care? ☐Y ☐ N
- ☐ Prostate Problems
- ☐ Weight Gain/Loss
- ☐ Sinusitis
- ☐ Stroke (date _____)
- ☐ Tobacco Use - Type_____ Frequency_____/Day
- ☐ Thyroid Disease
- ☐ Other_____
- ☐ **Medications**_____

If a family member has had any of the following, please mark the appropriate box and explain the relationship:

- ☐ Cancer_____
- ☐ Heart Disease_____
- ☐ Hypertension_____
- ☐ Lupus_____
- ☐ Other_____

Comments_____

I certify that the above information is complete and accurate to the best of my knowledge. If the health plan information is not accurate, or if I am not eligible to receive a health care benefit through this practitioner, I understand that I am liable for all charges for services. I agree to notify this practitioner immediately whenever I have changes in my health condition or health plan coverage. I understand that my practitioner of acupuncture services may need to contact my Primary Care Physician or treating physician if my condition needs to be co- managed. Therefore, I give authorization to my practitioner of acupuncture services to contact my medical doctor if necessary.

Patient signature_____ **Date**_____